

Creative Dance Hand Clapping Inspiration



twinkl

Learning Objective

- To explore movement ideas and create original dance material using hand clapping as inspiration.

Success Criteria

- To explore the dynamics and rhythm of hand clapping.
- To understand how this stimulus can be used as a starting point to create dance.
- To create movement material using improvisation.
- To creatively develop our movement responses further.

The Dance Warm-Up



Run for eight counts around the room.

Stop and clap for eight counts.

Run for four counts.

Stop and clap for four counts.

Run for two counts.

Stop and clap for two counts.

Now with a partner:

Run for eight counts around the room.

Stop and clap with a partner for eight counts.

Run for four counts.

Clap with a partner for four counts.

Try two and one counts.



Learning the Sequence



2 × Fist bumps



2 × Claps



2 × Fist bumps

2 × Backs

Fist and clap

Fist and backs

2 × Fist bumps, clap and backs

Exploring the Dance Idea



Develop your sequence in pairs using:

- Reaching
- Turning
- Jumping
- Levels



Developing the Dance Idea



- Use one hand as well as two to clap or make a connection
- Make connections other than hands, e.g. shoulders
- Use levels
- Jump and turn
- Think about creating a rhythm as you move



Performing the Dance and Discussion



1. What was effective about the piece you saw being performed?
2. What did you like about this task?
3. How would you like to develop it further?
4. Would you like to learn another paired dance?



Cool Down



Take photos or film your dances and send them to Mrs Ashworth and Mr Swift.

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